MHANI SUPPORT GROUPS

Living with Anxiety



Adults who experience anxiety 2nd & 4th Wednesdays @ 6 pm Allen Co Public Library-Aboite Branch 5630 Coventry Ln, Ft Wayne

Success with ADHD

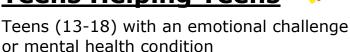
Adults with ADHD or have symptoms 1st Thursdays @ 6:30 pm 3rd Fridays @ 11:30 am 2200 Lake Avenue, St 105, Ft Wayne

Parenting Support Group

Parents/caregivers of children & youth 1st & 3rd Mondays @ 6:30 pm Allen Co Public Library-Aboite 5630 Coventry Ln, Ft Wayne



Teens Helping Teens



New groups starting every 16 weeks

2nd and 4th Thursdays @ 6:30-8 pm

2200 Lake Avenue, St 105, Ft Wayne

Questions about the support groups?

Contact Us Mental Health America of Northeast Indiana 260-422-6441 info@mhaac.com

MentalHealthFrontDoor.org



Accepting the Journey: Suicide Loss

For adults who have lost a spouse/ romantic partner to suicide



4th Mondays @ 6:30 pm

Visiting Nurse Community Grief Center 5920 Homestead Road, Ft Wayne

