

Living with Anxiety



Adults who experience anxiety

2nd & 4th Wednesdays @ 6 pm

Allen Co Public Library-**Aboite Branch**
5630 Coventry Ln, Ft Wayne

Teens Helping Teens



Teens (13-18) with an emotional challenge
or mental health condition

New groups starting every 16 weeks

2nd and 4th Thursdays @ 6:30-8 pm

2200 Lake Avenue, St 105, Ft Wayne

Questions about the support groups?

Contact Us

*Mental Health America of
Northeast Indiana*

260-422-6441

info@mhaac.com

MentalHealthFrontDoor.org



Success with ADHD

Adults with ADHD or have symptoms

1st Thursdays @ 6:30 pm

3rd Fridays @ 11:30 am

2200 Lake Avenue, St 105, Ft Wayne



Parenting Support Group

Parents/caregivers of children & youth

1st & 3rd Mondays @ 6:30 pm

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Accepting the Journey: Suicide Loss

For adults who have lost a spouse/
romantic partner to suicide

4th Mondays @ 6:30 pm

Visiting Nurse Community Grief Center

5920 Homestead Road, Ft Wayne

